

## Process versus product? Personal reflection and experimentation in task-based learning with the Hiroshima Teacher Trainees 2008

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### Introduction

In my ten years of teaching, I've spent a considerable amount of time devising the best ways to teach linguistic elements, such as grammar or pronunciation targets. Increasingly it seems to me that this vantage could be fundamentally flawed, as it focuses too heavily on product rather than process. Here, I'm thinking of classes where teachers strive to develop 'authentic' practice situations that require the use of certain targets or products. Their lesson plan focuses on the target and the learners are encouraged to do the same with practice activities. It begs the question, wouldn't it be more authentic to start with the process? To start with the task and see what kind of linguistic structures this engenders?

This dichotomy between product and process can be seen everywhere. It's mirrored in the words of John Lennon when he famously mentions that life happens while you're busy making plans, the process of life happens and the plans (or the product) are irrelevant. It's also well known in painting that it's important to concentrate on the process and that to concentrate on the desired product is ultimately disastrous. You tighten up, you become afraid and any creative skill just fades away. Chomsky (1957) describes language learning as 'a process of free creation'. If this is the case, could it be similarly disastrous for language learners to fixate on the product? Would it be more authentic to start with the process, rather than to start with a preconceived grammar product? If so, how could we encourage learners (and indeed language teachers) to approach language learning as a process?

In order to further consider this contention between product and process, I experimented with process and Task-Based Language Learning (TBL) this year at Warwick University. In this paper I'll describe the tasks, the students' feedback, reflect on potential advantages, disadvantages, professional teacher development and finally consider the process versus product conundrum.

### Experimentation in TBL with practical examples

This summer, I was course director and teacher for an advanced group of nine trainee teachers

from Hiroshima University who studied at Warwick University for 15 weeks. I attempted to follow a task-based syllabus according to Feez' (1998) key assumptions (see Appendix A) and similar to that suggested by Nunan:

real-world tasks, which are designed to practice and rehearse those tasks that are found to be important in a needs analysis and turn out to be important and useful in the real world. (Nunan 1989, as cited in Richards and Rodgers 2001: 231)

Consequently we did an assortment of needs analysis such as a writing task where the trainees listed their aspirations for the course, learner styles testing for visual, auditory and kinaesthetic preferences, and multiple intelligence testing based on Howard Gardner's work. Along with this needs analysis I worked closely with the students to develop the programme and was keen for the students to be highly involved in the organisation of the course to heighten motivation.

Together we developed a programme of tasks, largely based around their interests, styles and aspirations for the future. For our module *Introduction to the Teaching Profession and Linguistics*, the trainee teachers expressed a strong desire to visit British schools and this became the starting point for three tasks of increasing challenge:

1. A field research project, where the students visited a local comprehensive school (Tile Hill Wood School and Language Centre, Coventry) and considered one element of teaching to research and write about. For example, projects explored lesson planning, student motivation, and class dynamics.
2. Trainees became Teaching Assistants to the Japanese teachers in the school over several weeks.
3. Trainees team taught complete sessions over several weeks on Japanese culture, e.g. origami, legends and the *Tanabata* festival.
4. Trainees provided their peers with complete sessions, where they chose to teach about a great Briton (e.g. Charlie

Chaplin, William Blake and even Banksy) or they chose to teach a topic related to their own professional development. Here they tended to choose topics that they felt would be useful for all their futures, such as: Strategies for Teaching Large Classes, How to Train your Brain, and an Introduction to Dogme.

Each task generated different kinds of interaction, initially with me in the setting up of tasks and then both within groups and with native speakers outside the classroom. The Hiroshima students had a pact to only speak English on British soil and this meant that TBL was especially beneficial for them as they constantly struggled to express their ideas, opinions and feelings, no matter what the task or situation,

it is the effort of composing new utterances which...drive learners to form new hypotheses about target language syntax, and to try them out.

(Swain on her Output Hypothesis, cited in Mitchell & Myles 1998: 127)

The Hiroshima trainees spent hours together discussing and organising their lesson plan and making materials for their workshops. They were completely involved in the process of fulfilling the task and motivated to the point of working together on it evenings and weekends and even being slightly sleep-deprived as the day of the workshops approached. At the time, the students were oblivious of the potential benefits of their huge (and reportedly at times heated!) discussions and it was only in the final couple of weeks of the course that we looked at TBL as a teaching approach in class. At this point, I asked the students to brainstorm advantages and disadvantages from their own experience of TBL (see Table 1):

(Please note: I haven't corrected their English, for fear of losing their original meaning, as a result there are mistakes, some repetition and a lot of exclamation marks.)

ADVANTAGES	DISADVANTAGES
<ul style="list-style-type: none"> <li>• Satisfy</li> <li>• Need much discussion</li> <li>• Feeling of achievement</li> <li>• We don't have to focus on English – less pressure</li> <li>• Communication skill is necessary</li> <li>• Enjoyable!!! – English is only tool</li> <li>• Good opportunity to throw away our fears of making mistakes</li> <li>• New or specific vocabulary</li> <li>• Quick response</li> <li>• Stragglng the way of speaking reasonably, understandably</li> <li>• Search lots of information</li> <li>• Situation connect memory (strong memory)</li> <li>• Lots of practices help our memory</li> <li>• Under pressure we work well</li> <li>• Feel great achievement</li> <li>• Connect and develop for the future</li> </ul>	<ul style="list-style-type: none"> <li>• High stress / pressure</li> <li>• Not for beginners / might be too difficult</li> <li>• High motivation necessary</li> <li>• Too much stress to finish the task</li> <li>• Depends on personality / nationality</li> <li>• (E.g. I like desk work!!! text book!!!! /</li> <li>• I can't be satisfied with it!)</li> <li>• Teacher cannot control students</li> <li>• Everyone has to cooperate!!!</li> <li>• (If there're difficult people...)</li> <li>• Students don't mind their English</li> <li>• Only some people work and some people become lazy</li> <li>• Take a long time</li> <li>• Lose our motivation / demoralising</li> </ul>

Table 1: Hiroshima students' feedback on TBL tasks

**Advantages of TBL**

It's interesting to note that many of the students' layman style responses link directly to more academic expressions of similar ideas by researchers and theorists. For example, the comments *'straggling (sic) the way of speaking / under pressure we work well'* brings to mind Swain's Output Hypothesis and *'Good opportunity to thrown (sic) away or fear of making mistakes'* elicits Rogerian notions or the lowering of Krashen's Affective Filter. Other potential advantages could include intrinsically motivated learners, achievement motivation, increased student autonomy, authentic elicitation of lexis, highly student-centred and increased opportunity for student interaction. It's clear that the students overall found TBL beneficial for their language learning and there is also a strong implication of professional development (*'Feel great achievement' / 'Connect and develop for the future'*) which I'll enlarge on during the section on Professional Teacher Development.

**Disadvantages of TBL**

Many of the disadvantages mentioned often don't apply to our trainees directly but regard possibilities for other future hypothetical classes and groups. However, a disadvantage that is important and potentially pertinent to the process versus product debate is *'Quick response / students don't mind their English'*. Here, I think learners are hinting at a fear of losing accuracy because of the time pressures of interaction, an idea that is expounded by Skehan in his 'trade-off theory', i.e. the trade-off between cognitive processing and focus on form, where fluency may develop at the expense of accuracy (Skehan 1998: 97). Does this trade-off necessitate a focus on form in TBL classes? Does it suggest that process is not enough for successful language learning?

Skehan himself prescribes that tasks shouldn't be too difficult in order to enable learners to tackle both fluency and accuracy at the same time. He also suggests that tutors can also help learners to notice by channelling attention:

channelled use might be towards some aspect of the discourse, or accuracy, complexity, fluency in general, or even occasionally, the use of particular sets of structures in the language. (Skehan 1998: 97-98)

Such channelling or noticing seems to suggest a necessary focus on form or product. Still, the TBL classroom is potentially an excellent environment for encouraging learners to notice language in an almost implicit fashion. Through meaning

negotiations to help comprehension such as paraphrasing, repetition and reorganization, learners have many opportunities to notice features of the target language implicitly as part of the process:

environmental contributions to acquisition are mediated by **selective attention** and the learner's developing L2 processing capacity, and that these resources are brought together most usefully, although not exclusively, during **negotiation for meaning**. (Long 1996: 414)

However, many theorists and researchers also believe that noticing is essential for acquisition (e.g. Schmidt & Frota 1986, Schmidt 1990, Gass 1991, 1997, Gass and Varonis 1994, Sharwood Smith 1993), so perhaps it's too important to be left to the vagueness of implicit comprehension.

Schmidt and Frota's study (1986) seems to support this assertion as it noted that forms that were present in comprehensible input did not appear in output until they had been noticed. It appears that for noticed input to be acquired, the learner needs to notice the gap between the noticed items and their own production. This is potentially a very important discovery for language learning, but nevertheless requires more supportive data to confirm its veracity. Still the likely benefits of noticing are clearly worth an investment of class time and suggest that a focus on language or product is desirable.

In Willis' framework for TBL the language focus is an essential part of the lesson plan. In this part, language is analysed, developed and practised (Willis and Willis 1996: 56-57). In many ways, this procedure seems like the traditional 'PPP' (Presentation / Practice / Production) lesson reversed, as the language input comes at the end of the cycle rather than the beginning:

TBL Lesson	(CLT) / PPP Reversed
The pre-task (=intro to topic and task)	Production
The task cycle (=task, planning & report)	Practice
The language focus (=analysis & practice)	Presentation of TL

To my mind this order has the clear advantages of inductive learning and increased learner motivation. Learners should be highly motivated in the language focus to analyse language, especially having just completed the task themselves, and they should be keen to improve on their own language use. This is potentially an

excellent opportunity for the teacher to provide informational input with a comparison between native and non-native versions of the original task.

The Willis' version of a TBL lesson also automatically provides language review, as once learners have analysed native-speaker versions, they practise relevant language in similar tasks and they could also redo the original task with the new and improved language. This should hopefully lead to a 'restructuring' of language knowledge, where learners refit or restructure old language knowledge with the new knowledge and improve their speaking ability or performance.

To return to the tasks given to the Hiroshima Trainee Teachers, they naturally engendered the need for certain kinds of structures, which I provided at different stages or upon request. For example, for the teaching tasks, the trainees required clarification checks for their own students and we looked at structures such as: *OK, so far? Are you with me? Is that clear?* The trainees absorbed such necessary structures and restructured their own language systems surprisingly quickly in order to progress better with the tasks.

### Professional teacher development

I'd like to now go beyond language learning benefits to the potential benefits of teacher development through the TBL tasks. Given that tasks increased in challenge during the course, trainees had ample opportunity to reflect on their experiences and enhance their skills for following tasks. The teaching of Japanese culture workshops took place over several weeks and students had the chance to teach the same workshop to two or three different groups of British students. The trainees decided independently to hold discussion sessions after workshop days to share constructive feedback and to hone their skills. For my part, I was amazed by these workshops, which were brilliantly designed and thoughtfully executed. Trainees however tended to be overly self-critical and there was little need for me to provide further feedback, other than enthusiastic encouragement, as their own discussions provided a perfect forum for self-reflection and feedback.

Nevertheless, I did design simple reflection forms that students completed both for themselves and for each other. This information I collated into a final form of both trainee and tutor comments which was later emailed to the trainees. I decided not to include self-analysis comments, as they were often surprisingly and unnecessarily self-critical. Conversely they were clearly impressed by their peers' workshops and offered many positive

comments and some constructive advice. The examples of their comments provided in Appendix B not only illustrate this, but also the trainees' natural use of teaching terminology that came up during Teaching Profession classes and discussions, such as *realia*, TPR and even a reference to Krashen's comprehensible input formula 'i + 1'.

The final teaching reflection we did rather informally in the student common room over lunch where we watched films that I'd made of their teaching at Tile Hill Wood School. Once again, students were cheerful and positive about each others' performances, yet silently and stonily fascinated by their own.

At the end of the course the trainee teachers were asked to anonymously complete feedback forms on the teaching programme. Feedback regarding TBL tasks was gratifyingly superlative and the Teaching Profession module clearly became the highlight of the programme. The teaching tasks were described as practical, useful, helpful, a great opportunity and confidence boosting. Many students even described how the tasks helped to strengthen their determination and resolve to become teachers:

I can make sure my dream to become a teacher again.

Other comments are more pertinent to the direct relevance of TBL (the English remains unchanged):

Everything was new for me and I became able to think about how to teach English more logically, objectively and deeply.

The most brilliant part of this course is that students can learn not only English itself but also usefull skills to be an ELT.

### Conclusions

In conclusion, Task-Based Learning does appear to have the clear advantage of providing an effective environment for both the process of language learning and for developing professional skills. Students are (hopefully) wholly involved in the task and thereby communicate meaningfully and authentically. The advantages are manifold, from increasing student motivation and autonomy, to increasing opportunities for interaction and comprehension. As for product, it is probably impossible to totally divorce product from process and most likely undesirable. Language learners evidently seek improvement and the focus on language or product seems necessary for this. Nevertheless, I think it is best for teachers and learners to start from the vantage of process rather

than product. Process is where both living and learning happen. People learn by doing and by being immersed in the process; language learners learn to speak by speaking and teachers to teach by teaching. Educator John Holt describes this clearly when he describes the desired outcome (or product) of playing the cello:

Not many years ago I began to play the cello. Most people would say what I am doing is 'learning to play' the cello. But these words carry into our minds the strange idea that there exists two very different processes: (1) learning to play the cello, and (2) playing the cello. They imply that I will do the first until I have completed it, at which point I will stop the first process and begin the second. In short, I will go on 'learning to play' until I have 'learned to play' and then I will begin to play. Of course this is nonsense. We learn to do something by doing it. There is no other way. (1993: 129)

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## APPENDIX A

### Key Assumptions of Task-Based Learning

The key assumptions of task-based instruction are summarised by Feez (1998, cited in Richards and Rodgers 2001: 224) as:

- The focus is on process rather than product.
- Basic elements are purposeful activities and tasks that emphasize communication and meaning.
- Learners learn language by interacting communicatively and purposefully while engaged in the activities and tasks.
- Activities and tasks can be either:
  - those that learners might need to achieve in real life:
  - those that have a pedagogical purpose specific to the classroom.
- Activities and tasks of a task-based syllabus are sequenced according to difficulty.
- The difficulty of a task depends on a range of factors including the previous experience of the learner, the complexity of the task, the language required to undertake the task, and the degree of support available.

**APPENDIX B**  
**Microteaching Feedback for Task 4**  
**Topic: Charlie Chaplin**

(Note: teaching terminology is in bold)

<p><u>Students' Comments</u></p> <p>Good Points:</p> <p>Good volume! Gesture! Speed!!          Good smile          Moe, you're a pretty actress  <b>Feedback</b> – many vocab          Good introduction  <b>TPR</b> interesting (x2)          I love this TPR activity          The words Moe picked up was 'i + 1' (some unknown words and known words)          Exciting / interesting          Explanation ...very easy to understand          No pressure          Nice feedback          The voice is good tone, pace          Good time management  <b>VAK</b> balance (x2)  <b>Class dynamics</b>          Excellent!!          Good film choice          Enjoyable activity          We can learn new vocabulary from funny Chaplin film (-unforgettable way of memorizing words!!) (x3)          Good lesson plan (watching film, vocabulary, practicing words with gestures is great, role play)          I enjoyed very much (x3)          We could acquire a lot of words in one time          Balance of <b>TTT or STT</b> is good (x2)          New words with gesture – pretty good          Tempo is perfect          Also good smile, fantastic gesture, voice (x2)  <b>PPP</b> made us very clear and enjoyable          Costumes made us excited / <b>Realia</b> makes students excited          Useful vocabulary          Activity itself is also interesting, because not so talk the target words but after all we can understand and use the words</p>
<p>Possible Improvements:</p> <p>How about using different character in each group (for example, shy woman and hysteric woman)?          Pronunciation check would have been good.          There's no time to check <b>collocation</b>. That's all.</p>